

| | | Time |
|----------------------------|------------------|----------|
| 1.Hugh de Lacy | New Zealand | 0:29.529 |
| 2.Jade Magurie | New Zealand | 0:31.220 |
| 3.Aaron Bell | Cook Islands | 0:31.824 |
| 4.Lee Harris | Australia | 0:31.915 |
| 5.Josef Winders | New Zealand | 0:32.328 |
| 6.Raehana Hokianga | Australia | 0:33.140 |
| 7.Nick Greaves | England | 0:33.355 |
| 8.Tom Brewer | Australia | 0:33.423 |
| 9.Linton Palmer | New Zealand | 0:33.660 |
| 10.Phoenix Hawkins | New Zealand | 0:34.037 |
| 11.Barney Cummings | New Zealand | 0:34.699 |
| 12.Paraki Puna | New Zealand | 0:34.718 |
| 13.Andrew Leith | New Zealand | 0:34.880 |
| 14.Mitchell Murray | New Zealand | 0:36.040 |
| 15.Brandon Maguire-Ratima | New Zealand | 0:36.340 |
| 16.Reuben Henriksen | New Zealand | 0:36.378 |
| 17.Emily Te Kapa | Scotland | 0:36.380 |
| 18.Chris Rowberry | New Zealand | 0:36.521 |
| 19.Rangipa Chase | New Zealand | 0:37.177 |
| 20.Alex Smith | New Zealand | 0:37.225 |
| 21.Hararei Te Whata | New Zealand | 0:37.260 |
| 22.Luke Wilson | New Zealand | 0:38.867 |
| 23.Loren Opstedahl | USA | 0:38.900 |
| 24.Robert Hunter | United Kingdom | 0:39.120 |
| 25.Nicholas Stogiannis | Australia | 0:40.461 |
| 26.Enkhnasan Chuluunbaatar | Mongolia | 0:40.768 |
| 27.Samuel McConnell | Northern Ireland | 0:44.080 |
| 28.Kelly McDonald | New Zealand | 0:46.326 |
| 29.Shun Oishi | Japan | 0:46.942 |
| 30.Lincoln Suttor | Australia | 0:47.718 |
| 31.Robert Smith | New Zealand | 0:47.940 |

Quality Benchmark

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| 32.Ilan Ryhs Jones | Wales | 0:29.500 |
| 33.Alex Moser | USA | 0:29.660 |
| 34.Dylan Jones | Wales | 0:31.760 |
| 35.Hohepa Te Rata Taituha | New Zealand | 0:32.640 |
| 36.Shane Ross | New Zealand | 0:33.000 |
| 37.Lionel Taumata | New Zealand | 0:33.860 |
| 38.Ricci Stevens | New Zealand | 0:34.200 |
| 39.Ngamorehu Wickliffe | New Zealand | 0:35.820 |
| 40.Liau Spry | England | 0:39.420 |
| 41.Andrew Davidson | Northern Ireland | 0:45.260 |